

Healthcare Services Medical & Pharmacy Policy Alerts

This is the October 1, 2019 issue of the Providence Health Plans, Providence Health Assurance and Providence Plan Partners, Medical and Pharmacy Policy Alert to our providers. The focus of this update is to communicate to providers' new or revised Medical or Pharmacy policy changes. The Health Plan has a standard process to review all Medical & Pharmacy Policies annually. Policies will be available for review on ProvLink and via the PHP website at: <u>https://healthplans.providence.org/providers/provider-</u> <u>support/medical-policy-and-provider-information/</u>

The Provider Alert, Prior Authorization Requirements, and Medical policies are all available on ProvLink and through the link above.

Number 240

October 1, 2019



Here's what's new from the following policy committees:

MEDICAL POLICY COMMITTEE

New Policies and/or Major Criteria Changes

Effective October 1, 2019

Genetic Testing:	New Policy Update						
Gene Expression	Since this policy went to MPC in July (with a 10/1 effective date), Medicare released another LCD addressing the MyPath Melanoma Assay.						
Profiling for	"The purpose of this test is to assist dermatopathologists to properly and accurately diagnose the melanomas versus the non-melanomas when						
Melanoma	examining skin biopsies." Medicare will allow "limited coverage" for MyPath when criteria are met. The policy was updated to include this new						
(Medicare Only)	LCD and the code for this test (0090U) will also be reconfigured to remove the E/I denial and add PA.						
GT443	Codes/PA: E/I denial will be removed from 0090U code and PA will be added.						
	Effective Date: The policy effective date is 10/1/2019; however, the LCD went into effect 6/3/2019. We will reprocess any denied claims for the						
	0090U code.						
Prostate: Water	New Policy						
Vapor	• This treatment is currently denying per our Investigational and Non-Covered Medical Technologies policies (both commercial and						
Thermotherapy for	Medicare). However, there has been increased utilization of this procedure; therefore:						
Benign Prostatic	 A policy has been created to address this procedure as investigational for all lines of business except Medicare; and 						
Hyperplasia (All	 We will pay the CPT code (53854) for Medicare lines of business 						
Lines of Business	 Evidence is insufficient to support the use of Rezum for the treatment of benign prostatic hyperplasia; therefore, this treatment is 						
Except Medicare)	considered investigational and not covered.						
SUR443							

Effective November 1, 2019

Urine Drug Testing	Interim Update
for Therapeutic or	• We will now allow for presumptive UDT (80305-80307) performed at any place of service.
Substance Abuse	• We will only allow for definitive UDT (G0480-G0481) when:
Monitoring (All Lines	 Performed at an independent lab or outpatient hospital (payment policy); and
of Business Except Medicare)	 When preceded by presumptive testing (medical policy). <u>Note</u>: There will be an edit in place to deny a definitive drug testing claim if there is not a presumptive claim on file.
LAB361	• Definitive testing will also have a quantity limit of 14 tests in a 12-month period (payment policy)



Effective December 1, 2019

Back: Fusion and	Annual Update					
Decompression	Major Changes: significant changes and clarifications.					
Procedures SUR120	 Criteria for fusion and decompression procedures for all spinal levels are now combined in one policy Criteria is divided up by cervical and thoracic/lumbar spinal levels 					
Previously: Back: Cervical and Thoracic Spine Surgery & Back: Lumbar Spine Surgery	 Cervical Criterion I.B. (liberalization) No longer specify a 6-week minimum course of conservative care prior to cervical laminectomy (and/or anterior cervical decompression and fusion). Criterion II. (restriction/clarification) Specifies several indications for which we would cover a cervical spinal fusion for the treatment of spinal instability. The current policy does not specify indications. Removal from current policy: "Neck or back pain alone in a degenerative spine is not a consideration for surgery; however, extreme cases will be considered on a case-by-case basis when all conservative measures have failed and there is significant disability from pain." Thoracic/Lumbar 					
	 Criterion III.B. (liberalization): Does not specify a 6-week minimum course of conservative care prior to thoracic or lumbar laminectomy. Removal from current policy: For lumbar laminectomy/discectomy: "oral steroids should be tried in most cases where there is an acute herniation." Criterion IV. (restriction/clarification): Specifies several indications for which we would cover a thoracic or lumbar spinal fusion for the treatment of spinal instability. The current policy just states "fusion surgery should be limited to significant spondylolisthesis or other major back deformities." Removal from current policy: "Absence of medical conditions that would exclude major surgery and recovery for candidates who are usually aged and possibly frail." Criterion V. Addition: Vertebral corpectomy may be considered medically necessary when confirmed by imaging for tumors, fractures, etc. 					
	 stenosis, or retropulsed bone fragments <u>No Changes</u> Percutaneous and endoscopic spinal fusion or decompression procedures remain non-covered Of note, the Dynesys Dynamic Stabilization System is now addressed as non-covered on our "Back: Stabilization Devices and Interspinous Spacers" policy; therefore, it is no longer included in this policy. Smoking cessation 4 weeks prior to and 3 months after lumbar spinal fusion. Added that "laboratory testing" (not just "testing") for compliance may be required by Medical Director. 					
Back: Sacroiliac Joint Fusion or Stabilization (All LOB Except Medicare) SUR132	 Annual Update Percutaneous/Minimally invasive sacroiliac joint fusion (e.g. iFuse) now covered as medically necessary. Criteria taken from <u>the NASS</u> coverage guideline for percutaneous SI joint fusion. No changes to open SI joint fusion criteria 					

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Back: Sacroiliac Joint	Annual Update					
Fusion or	Policy criteria have been moved into new Medicare medical policy format.					
Stabilization	No changes in coverage language. Separate policies due to differences in coverage criteria for percutaneous/minimally invasive SI joint fusion					
(Medicare Only)	surgery. Open SI joint fusion surgery not addressed by Medicare; therefore, we will follow commercial policy.					
SUR410						
Sleep Disorder	Annual Update					
Treatment: Surgical	The following changes to medical necessity criteria have been made:					
(All Lines of Business	Added note to policy that criteria do not apply to patients 17 years or younger. This is in-line with our other sleep disorder breathing					
Except Medicare)	treatment policy.					
SUR342	 Criterion I. – (combined): UPPP, hyoid myotomy and suspension with or without osteotomy and/or genioglossus advancement, and mandibular-maxillary advancement (MMA): 					
Previously: Sleep	 Combined due to shared criteria for each treatment. 					
Apnea: Surgical	Criterion III. – (<i>new</i>) Hypoglossal nerve stimulation now covered					
Treatments	 No longer addressing tracheostomy. 					
	Criterion V. – Non-Covered Procedures list					
	 Laser-assisted uvulopalatoplasty (LAUP) 					
	 Radiofrequency Volume Tissue Reduction (RFVTR) of the soft palate, uvula, tongue base or turbinates (e.g. Somnoplasty™) 					
	• RF reduction of turbinates previously covered (criterion V.), will now deny E/I					
	 Palatal stiffening procedures/Palatal implants (e.g. the Pillar Procedure™) 					
	 Tongue suspension systems (e.g. AIRvance[®] or Encore[™]) 					
Sleep Disorder	New Policy					
Treatment: Surgical	Policy criteria have been moved into new Medicare medical policy format.					
(Medicare Only)	New policy due to coverage differences:					
SUR442	Radiofrequency reduction of turbinates covered by Medicare, will deny investigational for commercial					
	CMS:					
	 Local Coverage Determination (LCD): Surgical Treatment of Obstructive Sleep Apnea (OSA) (<u>L34526</u>). 					
	 Local Coverage Determination (LCD): Non-Covered Services (<u>L35008</u>). 					

No Major Criteria Changes

Effective October 1, 2019

Varicose Veins (All	Annual Update			
LOB Except	lo changes to criteria.			
Medicare)	The following treatments remain medically necessary:			
SUR 364	Ligation/excision/stripping			
	Subfascial Endoscopic Perforating Vein Surgery (SEPS)			

PROVIDENCE Health Plan

	Ambulatory Phlebectomy					
	Endovenous Ablation (Laser or Radiofrequency)					
	Foam Sclerotherapy					
	The following remain not medically necessary, investigational or cosmetic:					
	Transilluminated powered phlebectomy (TIPP)					
	Mechanochemical Endovenous Ablation (MOCA)					
	Cryoablation					
	Endovascular Embolization with a Cyanoacrylate Adhesive (e.g. VenaSeal)					
	Treatment of telangiectasias or reticular veins					
	Treatment of asymptomatic varicose veins					
	Liquid sclerotherapy					
	Photothermal sclerosis					
Varicose Veins	Annual Update					
(Medicare Only)	No changes in relevant coverage documents. Policy criteria have been moved into new Medicare medical policy format.					
SUR381	CMS:					
	 Local Coverage Determination (LCD): Treatment of Varicose Veins of the Lower Extremities (<u>L34010</u>) 					
	Local Coverage Article (LCA): Sclerosing of Varicose Veins (A53079)					

Effective December 1, 2019

Liver Tumor	Annual Update			
Treatment	No major criteria changes. One new investigational criterion XI: TACE or radioembolization for the treatment of hepatic metastases from breast			
SUR 273	cancer, regardless of the presence of extrahepatic disease.			
	LOB: All lines of business			
	Codes: Several codes removed (77767, 77768, 77770, 77771, 77772).			
	PA: 37243 now set up to only require PA paired with diagnosis codes for liver malignancy. Diagnosis codes listed in billing guidelines.			

Interim Coding Updates

Effective October 1, 2019

Exhaled Breath Tests	Interim Coding Update
(All Lines of Business	New code 0106U will deny investigational per our Exhaled Breath Test policies.
Except Medicare)	PA/Codes: E/I denial
&	



Substitutes Adding new 10/1 codes PA	Exhaled Breath Tests (Medicare Only)	0106U	Gastric emptying, serial collection of 7 timed breath specimens, non-radioisotope carbon-13 (13C) spirulina substrate, analysis of each specimen by gas isotope ratio mass spectrometry, reported as rate of 13CO2 excretion				
PA Q4205 Membrane graft or membrane wrap, per square centimeter Q4206 Fluid flow or fluid GF, 1 cc E/L Q4208 Novafix, per square centimeter Q4209 Surgraft, per square centimeter Q4208 Q4210 Axolott graft or axolott dualgraft, per square centimeter Q4201 Q4211 Amion bio or Axobiomembrane, per square centimeter Q4211 Q4212 Allogen, per cc Q4212 Q4213 Ascent, 0.5 mg Q4215 Q4214 Cellesta cord, per square centimeter Q4214 Q4215 Axolott graft or axoloti dryo, 0.1 mg Q4215 Q4214 Atacent cord, per square centimeter Q4218 Q4215 Axolott ambient or axoloti rryo, 0.1 mg Q4218 Q4216 Atacent cord, per square centimeter Q4218 Q4218 Surgiord, per square centimeter Q4219 Q4220 BellaCell HD or Surderm, per square centimeter Q4220 Q4221 Miniowrap2, per square centimeter Q4220 Q4221 Miniowrap2, per square centimeter Q4220 Q4221 Miniowrap2, per square centimeter Q4220 <td< th=""><th>Skin and Tissue Substitutes</th><th>Adding nev</th><th colspan="5">Adding new 10/1 codes</th></td<>	Skin and Tissue Substitutes	Adding nev	Adding new 10/1 codes				
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(Medicare Only)		interim Co	ung opuate				

PROVIDENCE Health Plan

		will pay only with osteoarthritis diagnosis codes per our Viscosupplementation policy Pair to pay with osteoarthritis diagnosis codes		
	J7331	Hyaluronan or derivative, synojoynt, for intra-articular injection, 1 mg		
	J7332	Hyaluronan or derivative, triluron, for intra-articular injection, 1 mg		
Genetic Testing:		ding Update		
Pharmacogenetic		will PA per our Pharmacogenetic Testing policies		
Testing (All Lines of	LOB: All LO			
Business Except	PA/Codes:			
Medicare)	0111U	Oncology (colon cancer), targeted KRAS (codons 12, 13, and 61) and NRAS (codons 12, 13, and 61)		
&	01110	gene analysis, utilizing formalin-fixed paraffin-embedded tissue		
Genetic Testing:				
Pharmacogenetic				
Testing (Medicare				
Only)				
Prostate: Protein		ding Update		
Biomarkers and		s are already addressed on the policies as investigational. New codes for test will deny investigational.		
Genetic Tests (All	PA/Codes:			
Lines of Business		Oncology (prostate), measurement of PCA3 and TMPRSS2-ERG in urine and PSA in serum		
Except Medicare)	0113U	following prostatic massage, by RNA amplification and fluorescence-based detection, algorithm		
&		reported as risk score		
Prostate: Protein	0133U	Hereditary prostate cancer-related disorders, targeted mRNA sequence analysis panel (11 genes)		
Biomarkers and		(List separately in addition to code for primary procedure)		
Genetic Tests				
(Medicare Only)				
Cardiac Disease Risk	Interim Co	ding Update		
Screening (All Lines of	New code f	for cardiac risk screen test will deny E/I per Cardiac Risk Screens policies.		
Business Except	PA/Codes:	E/I		
Medicare)	0119U	Cardiology, ceramides by liquid chromatography-tandem mass spectrometry, plasma,		
&	01190	quantitative report with risk score for major cardiovascular events		
Cardiac Disease Risk				
Screening (Medicare				
Only)				
Genetic Testing: Non-	Interim Co	ding Update		
Covered Genetic	All of the following codes will deny per our Non-Covered Genetic Panel Test policies. Several of the panels below were already addressed per			
Panel Tests (All Lines	these policies and now have a specific code.			
of Business Except	PA/Codes:	E/I		
Medicare)			anel Test Name	



& Genetic Testing: Non- Covered Genetic Panel Tests (Medicare Only)	0120U	Oncology (B-cell lymphoma classification), mRNA, gene expression profiling by fluorescent probe hybridization of 58 genes (45 content and 13 housekeeping genes), formalin-fixed paraffin-embedded tissue, algorithm reported as likelihood for primary mediastinal B-cell lymphoma (PMBCL) and diffuse large B-cell lymphoma (DLBCL) with cell of origin subtyping in the latter	Lymph3Cx Lymphoma Molecular Subtyping Assay, Mayo Clinic
	0130U	Hereditary colon cancer disorders (eg, Lynch syndrome, PTEN hamartoma syndrome, Cowden syndrome, familial adenomatosis polyposis), targeted mRNA sequence analysis panel (APC, CDH1, CHEK2, MLH1, MSH2, MSH6, MUTYH, PMS2, PTEN, and TP53) (List separately in addition to code for primary procedure)	ColoNext(R), Ambry Genetics
	0131U	Hereditary breast cancer–related disorders (eg, hereditary breast cancer, hereditary ovarian cancer, hereditary endometrial cancer), targeted mRNA sequence analysis panel (13 genes) (List separately in addition to code for primary procedure)	BreastNext®, Ambry Genetics
	0132U	Hereditary ovarian cancer–related disorders (eg, hereditary breast cancer, hereditary ovarian cancer, hereditary endometrial cancer), targeted mRNA sequence analysis panel (17 genes) (List separately in addition to code for primary procedure)	OvaNext®, Ambry Genetics
	0134U	Hereditary pan cancer (eg, hereditary breast and ovarian cancer, hereditary endometrial cancer, hereditary colorectal cancer), targeted mRNA sequence analysis panel (18 genes) (List separately in addition to code for primary procedure)	CancerNext [®] , Ambry Genetics
	0135U	Hereditary gynecological cancer (eg, hereditary breast and ovarian cancer, hereditary endometrial cancer, hereditary colorectal cancer), targeted mRNA sequence analysis panel (12 genes) (List separately in addition to code for primary procedure)	GYNPlus [®] , Ambry Genetics



Genetic Testing:	Interim Coding Update				
Reproductive	New code for prenatal trisomy testing. Will PA per both prenatal GT policies.				
Planning and Prenatal	PA/Codes:	PA/Codes: PA			
Testing (All Lines of		Fetal congenital abnormalities, biochemical assays of 3 analytes (free beta-hCG, PAPP-A, AFP),			
Business Except	0124U	time-resolved fluorescence immunoassay, maternal dried-blood spot, algorithm reported as risk			
Medicare)		scores for fetal trisomies 13/18 and 21			
&					
Genetic Testing:					
Reproductive					
Planning and Prenatal					
Testing (Medicare					
Only)					
Genetic Testing:		ding Update			
Hereditary Breast and		or HBOC. Will PA per both HBOC policies.			
Ovarian Cancer (All	PA/Codes:				
Lines of Business	0129U	Hereditary breast cancer-related disorders (eg, hereditary breast cancer, hereditary ovarian			
Except Medicare)		cancer, hereditary endometrial cancer), genomic sequence analysis and eletion/duplication			
& Genetic Testing:		analysis panel (ATM, BRCA1, BRCA2, CDH1, CHEK2, PALB2, PTEN, and TP53)			
Hereditary Breast and	0137U	PALB2 (partner and localizer of BRCA2) (eg, breast and pancreatic cancer) mRNA sequence analysis (List separately in addition to code for primary procedure)			
Ovarian Cancer		BRCA1 (BRCA1, DNA repair associated), BRCA2 (BRCA2, DNA repair associated) (eg, hereditary			
(Medicare Only)	0138U	breast and ovarian cancer) mRNA sequence analysis (List separately in addition to code for			
(inculture only)	01360	primary procedure)			
Investigational and	Interim Cor	ding Update			
Non-Covered Medical		, which will deny for all LOBS per the Investigational and Non-Covered Medical Technologies policies.			
Technologies (All	PA/Codes:				
Lines of Business	J1096	Dexamethasone, lacrimal ophthalmic insert, 0.1 mg			
Except Medicare) &	J7314	Injection, fluocinolone acetonide, intravitreal implant (Yutiq), 0.01 mg			
Investigational and	J7401	Mometasone furoate sinus implant, 10 micrograms			
Non-Covered Medical		Nephrology (chronic kidney disease), multiplex electrochemiluminescent immunoassay (ECLIA) of			
Technologies		tumor necrosis factor receptor 1A, receptor superfamily 2 (TNFR1, TNFR2), and kidney injury			
(Medicare Only)	0105U	molecule-1 (KIM-1) combined with longitudinal clinical data, including APOL1 genotype if			
		available, and plasma (isolated fresh or frozen), algorithm reported as probability score for rapid			
		kidney function decline (RKFD)			
	0107U	Clostridium difficile toxin(s) antigen detection by immunoassay technique, stool, qualitative,			
		multiple-step method			



0108U	Gastroenterology (Barrett's esophagus), whole slide–digital imaging, including morphometric analysis, computer-assisted quantitative immunolabeling of 9 protein biomarkers (p16, AMACR, p53, CD68, COX-2, CD45RO, HIF1a, HER-2, K20) and morphology, formalin-fixed paraffin- embedded tissue, algorithm reported as risk of progression to high-grade dysplasia or cancer			
0109U	Infectious disease (Aspergillus species), real-time PCR for detection of DNA from 4 species (A. fumigatus, A. terreus, A. niger, and A. flavus), blood, lavage fluid, or tissue, qualitative reporting of presence or absence of each species			
0110U	Prescription drug monitoring, one or more oral oncology drug(s) and substances, definitive tandem mass spectrometry with chromatography, serum or plasma from capillary blood or venous blood, quantitative report with steady-state range for the prescribed drug(s) when detected			
0112U	Infectious agent detection and identification, targeted sequence analysis (16S and 18S rRNA genes) with drug-resistance gene			
0114U	Gastroenterology (Barrett's esophagus), VIM and CCNA1 methylation analysis, esophageal cells, algorithm reported as likelihood for Barrett's esophagus			
0115U	Respiratory infectious agent detection by nucleic acid (DNA and RNA), 18 viral types and subtypes and 2 bacterial targets, amplified probe technique, including multiplex reverse transcription for RNA targets, each analyte reported as detected or not detected			
0116U	Prescription drug monitoring, enzyme immunoassay of 35 or more drugs confirmed with LC- MS/MS, oral fluid, algorithm results reported as a patient-compliance measurement with risk of drug to drug interactions for prescribed medications			
0117U	Pain management, analysis of 11 endogenous analytes (methylmalonic acid, xanthurenic acid, homocysteine, pyroglutamic acid, vanilmandelate, 5-hydroxyindoleacetic acid, hydroxymethylglutarate, ethylmalonate, 3-hydroxypropyl mercapturic acid (3-HPMA), quinolinic acid, kynurenic acid), LC-MS/MS, urine, algorithm reported as a pain-index score with likelihood of atypical biochemical function associated with pain			
0118U	Transplantation medicine, quantification of donor-derived cell-free DNA using whole genome next-generation sequencing, plasma, reported as percentage of donor-derived cell-free DNA in the total cell-free DNA			
0121U	Sickle cell disease, microfluidic flow adhesion (VCAM-1), whole blood			
0122U	Sickle cell disease, microfluidic flow adhesion (P-Selectin), whole blood			
0123U	Mechanical fragility, RBC, shear stress and spectral analysis profiling			
0125U	Fetal congenital abnormalities and perinatal complications, biochemical assays of 5 analytes (free beta-hCG, PAPP-A, AFP, placental growth factor, and inhibin-A), time-resolved fluorescence immunoassay, maternal serum, algorithm reported as risk scores for fetal trisomies 13/18, 21, and preeclampsia			



	-	
		Fetal congenital abnormalities and perinatal complications, biochemical assays of 5 analytes (free beta-hCG, PAPP-A, AFP, placental growth factor, and inhibin-A), time-resolved fluorescence
	0126U	immunoassay, includes qualitative assessment of Y chromosome in cell-free fetal DNA, maternal serum and plasma, predictive algorithm reported as a risk scores for fetal trisomies 13/18, 21, and
		preeclampsia
		Obstetrics (preeclampsia), biochemical assays of 3 analytes (PAPP-A, AFP, and placental growth
	0127U	factor), time-resolved fluorescence immunoassay, maternal serum, predictive algorithm reported
		as a risk score for preeclampsia
	0128U	Obstetrics (preeclampsia), biochemical assays of 3 analytes (PAPP-A, AFP, and placental growth
		factor), time-resolved fluorescence immunoassay, includes qualitative assessment of Y
		chromosome in cell-free fetal DNA, maternal serum and plasma, predictive algorithm reported as
		a risk score for preeclampsia
	0136U	ATM (ataxia telangiectasia mutated) (eg, ataxia telangiectasia) mRNA sequence analysis (List
	01300	separately in addition to code for primary procedure)

Policy Archive

Back: Lumbar	Archive Policy
Spine Surgery	Criteria addressing surgical procedures of the lumbar spine have been moved into "Back: Fusion and Decompression Procedures" policy
	(above)

PHARMACY & THERAPEUTICS COMMITTEE

Oregon Region P&T Committee Meeting Go-Live Date: Friday, November 01, 2019

Health Plan Clinical Policy Changes:

Policy Name	Change Summary
Continuous Glucose Monitors for Personal Use (Non- professional)	Criteria was updated to reflect differences in traditional test strip requirements for different models of continuous glucose monitors for personal use.
Continuous Glucose Monitors for Personal Use (Non- professional) - Medicaid	The policy for Medicaid was separated from the Commercial and Medicare Part B policy. To promote affordability for this patient population, the criteria was updated to ensure there is a true medical need for these systems and that they are not being requested for



convenience or lack of desire to use finger sticks. Criteria was updated to reflect differences in traditional test strip requirements for different models of continuous glucose monitors for personal use.