

Hello from your Providence Health Coaching Team

Welcome to Providence Health Plan! It's nice to meet you.

Ensuring the well-being of the community means everything - to all of us. Your Health Management team is here to help you accomplish your goals and build a relationship grounded in trust and support. We're excited to introduce you to your **Health & Wellness Director, Michael**.



Hi there, I'm

**Michael
Severson**

Health & Wellness
Director

I've been with Providence since: August 2013

I have a passion for healthcare because: Healthcare is extremely rewarding because it's important to show my son the value of dignity and compassion. Stepping into someone's life - when they are most vulnerable - and having the opportunity to make a difference is an incredible privilege.

My education/background: I have a bachelor's degree in Health and Human Performance, and I've been a certified fitness trainer through the American Council on Exercise for the past 25 years.

I love my job, but here's a bit more about me.

If it's the weekend: Rain or shine - you will find me outside. It could be out on a family adventure, maintaining the yard or just hanging out at the park. The goal is to get as far away from a computer as possible.

Fun fact about me: Whether swimming laps at the pool, canoeing the Tualatin River, wading into the frigid Pacific Ocean on the Oregon Coast or lounging in the warm waters of Hawaii - my family's happy place is near any body of water.

Thank you for the opportunity to partner with you. I look forward to getting to know you better and supporting your goals - because everyone's well-being matters.

Michael Severson

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Health For All

We are committed to working alongside the communities we serve, learning about unique healthcare challenges, and creating tangible solutions to make healthcare more equitable and accessible.