

# Hello from your Providence Health Management team

## Welcome to Providence Health Plan! It's nice to meet you.

Ensuring the well-being of the community means everything - to all of us. Your Health Management team is here to help you accomplish your goals and build a relationship grounded in trust and support. We're excited to introduce you to your **Health Management Consultant, Nichole**.



Hi there, I'm

**Nichole  
Guilfooy**

Health Management Consultant

**I've been with Providence since:** July 2022

**I have a passion for healthcare because:** Physical and mental health and safety are foundational to well-being. My goal is to ensure every Providence member is empowered to prioritize their health and connect with the care that supports their well-being.

**My education/background:** I started my career in organizational well-being leadership in 2002. I have a Bachelor of Science degree with a focus on Public Health and Industrial/Organizational Psychology.

**I love my job, but here's a bit more about me.**

**If it's the weekend:** You'll find me hiking or enjoying the beautiful Oregon Coast with my family.

**Fun fact about me:** I sang opera in college.

Thanks for the opportunity to partner with you. I look forward to getting to know you better, supporting your goals, and helping the community discover True Health together.

*Nichole Guilfooy*

(503) 574-6886 | [nichole.guilfooy@providence.org](mailto:nichole.guilfooy@providence.org)

For more than 160 years, Providence has aligned under a common purpose: to bring True Health to each and every member of the community. True Health is commitment to caring for the whole self: mind, body and spirit. The concept is rooted in the idea that the healthier each of us are, the healthier we all are.

**We all deserve True Health.**