

Behavioral Health Concierge

Support is only a call or click away.

Providence Health Plan members and dependents in Oregon, Washington, Idaho, Montana, California, and Texas can access virtual appointments at no cost, with Providence licensed behavioral health professionals.



The Behavioral Health Concierge offers:

- Help for you and your family with life stressors, mental health, and addiction issues
- Counseling, care guidance, and self-help tools
- Appointments that are virtual and confidential
- Translation services available upon request
- HSA plans are subject to deductible first and then covered in full (for more information, call customer service*)

Call **877-744-WELL (877-744-9355)** from 7 am to 8 pm (Pacific Time), seven days a week, to schedule an appointment or submit an appointment request online at Providence.org/BHC.

*Customer service is available 8 am to 5 pm (Pacific Time), Monday through Friday. Call 503-574-7500 or 800-878-4445 (TTY: 711).



Resources for
Improved Well-Being



Self-Management and
Mindfulness Tools



Telehealth/
Virtual



Broad Clinical
Network



Crisis
Care

Behavioral Health Concierge is a telehealth/virtual service that makes up our larger suite of behavioral health offerings.

To explore all of the options available to you and see what best fits your need, visit

ProvidenceHealthPlan.com/BehavioralHealth